



ENCORPS eNews

Up to the minute developments at ENCorps • Aug/Sept 2012

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ENCORPS Hosts Eight Community Foundations

Visitors from across the country got a close-up view of ENCorps members working to improve their Maine communities.

From New York to California, representatives of eight community foundations traveled to Portland in June to learn how the Encore Leadership Corps (ENCORPS) is tapping the power of older adults to benefit the state of Maine.

The site visit was arranged by the Maine Community Foundation (MCF) in collaboration with the Community Experience Partnership (CEP), an initiative for U.S. community foundations from The Atlantic Philanthropies. Each participating foundation, like MCF, has been involved with the CEP multi-year, multi-million dollar program that taps into the collective and individual experience of older adults to solve community problems.

Maine is the oldest state in the nation. While baby boomers represent 28 percent of the U.S. population, they represent 32 percent of Maine's. By 2025, over 21% of Mainers will be over the age of 65, compared to 14% today. In a few short years, one out of every five Mainers will be a senior citizen. Maine also has a higher percentage of volunteers – more than 34 percent of Mainers volunteer, compared to 29.3 percent nationally.

"Maine has the unique potential to tap into the experience of its older adults by helping them to become more engaged in their communities," says Jennifer Crittenden, Program Manager for ENCorps. "It's a win-win. The experience benefits the individual as well as the state of Maine."

Representatives from the participating foundations visited the Center for African Heritage International Garden Project at Tidewater Farm in Falmouth — a farm run by ENCorps members Dawud Ummah and Ed Anderson that helps African immigrants and refugees grow produce and become more self-sufficient.

They took a bus tour of Portland to learn about the city's rich history and of Brunswick to learn about smart growth in the area. They spent time learning about



ENCORPS members (left to right) Frank Ober, Don Nodine, Lorraine Taft, Ed Anderson and Mary Berger speak on a panel to the Community Experience Partnership partners visiting Portland.

continued next page

community**experience**
PARTNERSHIP

ENCOrps' community organizing model, shared information

during peer learning sessions and met program participants.

"We are thrilled to showcase the incredible work of ENCOrps members," said Crittenden. "Our visitors were impressed and inspired by the innovative community efforts in Maine.

Got News?

Share your news, stories and updates with ENCOrps eNews!

Email carol@encoreleaders.org

Southern Maine Senior Expo

September 25, 2012, 10 AM – 7 PM
Hilton Garden Inn in Freeport, Maine

View exhibits and demonstrations, put your name in for raffles and door prizes, and listen to an extensive array of speakers on subjects ranging from senior health care to senior driving and family nutrition. And it's all free!



www.maineseniorguide.com/senior-expo-2012



Meet Ed

He makes a difference by volunteering with the Center for African Heritage *and* gets these benefits through ENCOrps:

- Free attendance to trainings
- Stipend awards
- Referral program
- Networking opportunities
- Two-day annual Summit
- Education from local and national experts
- Staff support

Call 207-262-7928 • www.encoreleaders.org





ENCorps Events

If you don't live near a workshop location, please contact Patti Foden and we'll arrange a video-conference site near you.

INFORMATION SESSION ON BOOMER REPORTING CORPS

WHEN: Tuesday August 14, 2012, 10-11 AM

WHERE: Conference Call

Learn about ENCorps' new program, The Boomer Reporting Corps (BRC) (see page 7), which is designed to encourage older adults throughout Maine to become citizen journalists. RSVP at <https://www.surveymonkey.com/s/V5VJNX5>.

WHERE ARE THE VOLUNTEERS – AND WHAT DO YOU SAY AFTER “HELLO?”

WHEN: September 13, 11:00 – 1:00

WHERE: 205 Wishcamper Building, Bedford St, USM campus, Portland

Are you looking for people in your community to help you with a project or fund-raiser? Does your organization need “new blood?” Anne Schink, Principal of ABS Consulting, will share her years of experience recruiting and retaining volunteers. This workshop will cover:

- Where do you find volunteers of all generations?
- What would you like them to do?
- Making the ask

INFORMATIONAL SESSION ON BOOMER REPORTING CORPS

WHEN: September 14, 2012, 12-1 PM

WHERE: Conference Call

Learn about ENCorps' new program, The Boomer Reporting Corps (BRC) (see page 7), which is designed to encourage older adults throughout Maine to become citizen journalists. RSVP at <https://www.surveymonkey.com/s/V5VJNX5>.

COMMON GROUND FAIR

WHEN: September 21-23

WHERE: Unity, Maine

Encore Leadership Corps is looking for volunteers to represent ENCorps by staffing our table at the Common Ground Fair. Eight volunteers will receive a ticket for free admission. If interested, please contact Patti Foden.

DEALING WITH CHALLENGING PEOPLE

WHEN: October 17, 11:00 – 1:00

WHERE: Augusta TBD

A representative from Dale Carnegie will lead this informative workshop and provide strategies for communicating and working with the challenging people in your organization.

REGIONAL MEETINGS

WHEN: October 2012, date TBD

WHERE: Locations TBD

ENCorps regional meetings will be held in Portland, Augusta, the Midcoast area and Bangor.

FROM CAMERA TO COMPUTER & BEYOND

WHEN: November 6, 10:00 – 1:00

WHERE: Coastal Enterprises Inc., 36 Water Street, Wiscasset

Marty Welt will demonstrate how to get your photos from camera to computer and beyond. This workshop will be useful to those who produce newsletters, flyers or other marketing materials for your organizations.

➔ RSVP to Patti Foden, Program Coordinator, at 207-767-5352 or info@encoreleaders.org. All ENCorps meetings and workshops are free for ENCorps members and their guests.

Volunteer

in

Action

You probably recognize ENCorps member **EILEEN KREUTZ** from workshops and Summits, as she has attended many events in the last three years. Or, if you hail from Western Maine, you may recognize Eileen from the Gold LEAF Senior College or from peace vigils in Farmington. One thing is certain: once you meet Eileen, you'll be glad you did.

Eileen moved to Maine 15 years ago from Chicago, where she was an activist and built houses as a carpenter and helped to develop and teach the training curriculum for Chicago Women in Trades, which works to increase the number of women in the skilled trades and other blue collar occupations and to eliminate the barriers that prohibit women from entering and remaining in non-traditional careers. Once in Maine, she settled in Industry, a little town northeast of Farmington. Burned out from city life, she wanted a place to peacefully walk through the woods and enjoy nature, and she was able to do just that living near the shores of Clearwater Lake. Retired, she began to fill her time with volunteer activities.

Eileen's first volunteer efforts in Maine occurred in the middle of the night when she became involved with counting owls and Bicknell Thrush (one of the state's endangered birds) with Maine Audubon. Her efforts included climbing to the top of Bigelow Mountain and counting birds at 4 am. Welcome to Maine!

As a volunteer with the Volunteer Lake Monitoring Program, Eileen tests the water in (aptly named) Clearwater Lake. She also participates in the Women in Black peace vigils held each Friday at noon in Farmington. Joined by Veterans for Peace, the group stands in silence in front of the post office to protest war. Eileen said that although her peace work gets only a fraction



of her time, it gets a big piece of her heart.

An activity that takes a significant amount of Eileen's time is her work at Gold LEAF Senior College. She began volunteering at Gold LEAF, located minutes away at the University of Maine Farmington, about 13 years ago. Since then, she has served on the Curriculum Committee, became Curriculum Chair; served as Vice President, then President, and recently became the Office Manager.

This summer, in addition to her duties in the office, Eileen is leading two courses: *New England's Contribution to English* and *Stroll through Nina's Woods*. Eileen attends classes as well. Through Gold LEAF she has studied *Watershed Ecology*; *Maine Tree Identification and Species Under Threat*; *Long Term Care Costs and Insurance Options*; *Astronomy and the Myths and Legends Behind the Constellations*; *Global "Weirding" Resulting from Climate Change*; *The History of Malaga Island*, and; last, but not least, "Remedial" Sudoku.

Professionally, Eileen makes stained glass art, which she teaches in her home studio — Clearwater Glassworks — and at Glass Express in Waterville.



Take a class with Eileen!

To sign up for *Stroll through Nina's Woods* on Saturday, September 22 visit:

<http://goldleaf.wikispaces.com>

What is Maine Senior College?



The Maine Senior College Network (MSCN), which began in 1997 at the University of Southern Maine in Portland, is currently a consortium of 17 independent groups from York County to Fort Kent.

There are no tests, no papers, and no grades, each senior college group plans exciting, intellectually stimulating non-credit courses (taught by volunteers) and special learning opportunities for adults over the age of 50. Senior colleges charge between \$25 to \$35 for annual membership, plus an additional very modest tuition for each course. Scholarships are available.

The Maine Senior College Network is housed at the National Resource Center of the Osher Lifelong Learning Institute (OLLI), at the University of Southern Maine (USM) in Portland, Maine.

Contact the National Resource Center at 207-780-4128 if you have questions about the MSCN and its programs.

To find a current class or course offerings in your area visit www.maineseniorcollege.org.

From there, you'll find links to more information, including the most current listing of classes.

Got News?

Share your news, stories and updates with ENCorps eNews!
Email carol@encoreleaders.org

Project Stipends Available

Deadline: September 15

For those of you who were able to attend our Summit gatherings, we're sure you were struck by the enthusiasm, interest, and commitment that our volunteers have for their communities. We were!

We also had the opportunity to listen to your requests and are working hard to craft a program that supports you as a volunteer, including our line-up of workshops based on your input. As a member of ENCorps, you have access to support, education, and other assistance to help you continue vital volunteer work within your local community.

We are once again pleased to announce the availability of volunteer stipends to support your volunteer role. This stipend can be used to cover any costs associated with your volunteer work so please consider submitting a volunteer stipend request! Please see the information below for more details about this great opportunity:

There are 10 stipends available. If selected by ENCorps staff from the pool of applicants, volunteers will receive a stipend of \$200.

- Any active ENCorps volunteer can submit a stipend request.
- If you receive a stipend, we would like to visit you while at your volunteer location so we can see your work in action and learn more about the important issues in your community.
- Your work may be featured in the ENCorps newsletter and at the ENCorps Summit!
- Please submit your request no later than **September 15th!**

Contact Patti Foden at 207-767-5352 or info@encoreleaders.org.



Volunteer Opportunities

American Folk Festival

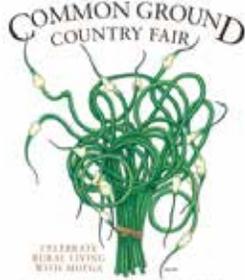
The American Folk Festival in Bangor features music from all around the world, food, shopping and so much more packed into 3 days – August 24-26. Hosting an event like this for more than 90,000 visitors takes MANY helping hands. This year, they will need over 800 volunteers to help in all areas of the Festival, and many shifts are still open.



- Contact the Festival office at: 207.992.2630 or www.americanfolkfestival.com

ENCORPS at the Common Ground Fair

Encore Leadership Corps is looking for volunteers to represent ENCorps by staffing our table at the Common Ground Fair in Unity on September 21-23. Eight volunteers will receive a ticket for free admission.



- Contact Patti Foden: 207-767-5352 or info@encoreleaders.org

Goodwill Industries of Northern New England (Portland)

Goodwill needs volunteers to teach basic computer skills at Goodwill Workforce Solutions. By sharing your knowledge of the bare-bones basics of computer use, Microsoft Word, and internet browsing and searching, you can have an enormous impact on the lives of the unemployed members of your community.

- Contact Briana Markoff: 207-370-3920 or briana.markoff@goodwillnne.org

Mad Horse Theatre Company (South Portland)

Mad Horse Theatre Company is looking for people to join their Board of Directors.

- Contact Stephen Gaal: 207-730-2389 or madhorsetheatre@gmail.com

Coastal Children's Museum (Rockland)

The museum is looking for volunteers for their Summer Family Day at Sharp's Point and other events that are coming up.

- Contact Marcy Simpson: 207-596-3195 or info@coastalchildrensmuseum.org

Seashore Trolley Museum

The Seashore Trolley Museum currently has openings for volunteers to participate in activities as Docents, Trolley Operators, Musicians and Singers, Visitor Center Greeters and Cashiers, Gardeners and Groundskeepers, Hosts at Special Events and in their Administrative Offices and Library. While they are open to the public only from May through October, and again for the Christmas Prelude, they need volunteers in their Administrative Offices and Library all year long.

- Contact: 207-967-2800, Ext 101 or director@neerhs.org

WindowDressers

Help yourself, your neighbor and the environment all at the same time! If you want to become active in helping to do something about global warming consider volunteering to build polyolefin interior storm windows for WindowDressers. With two shops in Rockport they are planning Community Builds on Islesboro, Peaks Island and in Belfast, Maine. No construction/ carpentry skills needed.

- Contact Frank Mundo: 207-356-2833 or frank.mundo@gmail.com



Boomer Reporting Corps

an initiative of Encore Leadership Corps

Given the changing media climate nationwide, citizen and grassroots journalism is becoming increasingly vital to keeping community members informed of key local issues. Citizen journalism involves citizens taking an active role in reporting, analyzing and disseminating community news.

The Boomer Reporting Corps (BRC) initiative provides specialized mentoring and general skill-building workshops to Encore Leadership Corps members. This effort, which is designed to encourage older adults throughout Maine to become citizen journalists, is being undertaken in response to a growing interest among our membership in creating community news outlets, including newsletters, blogs, websites, and columns in local newspapers. ENCorps members are uniquely positioned to cover local news beats that often go unreported or where local professional journalists do not have the deep awareness and understanding of relevant community issues.

The BRC initiative will help older adults who are already bringing about positive change in their communities to share local news through new media vehicles. These reporters will help increase access to community news across Maine.

Encore Leadership Corps

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How will Boomer Reporting Corps support its members?

Training and Skills Building

A series of six workshops devoted to journalistic and new media skills, tools, techniques and ethics will be offered in fall 2012 and spring 2013.

Mentorship

New Media experts will be available to work closely with ENCorps members to help them plan, produce and evaluate their reporting projects. For example, if you want to start a blog, our experts will help you select the best blogging software, gather and create content, and design the most compelling and informative packages for the blog.

Connections with Local Media

ENCorps staff and new media experts participating in these efforts will work closely with the Maine Press Association and their member publications to identify avenues for members to publish articles both locally and statewide. Is there a community issue that is important to you? If so, it will probably interest readers elsewhere in Maine, offering you a great opportunity to share your knowledge and insights with others in your area and beyond.

More information?

Contact Mia Noyes at:
mia.noyes@umit.maine.edu
or 207-262-7931.

ENCorps is a program of the University of Maine Center on Aging in partnership with the Maine Community Foundation, the Community Experience Partnership and with the cooperation of local, state, and national organizations. In addition to this support, funding for the Boomer Reporting Corps is provided by The John S. and James L. Knight Foundation, Maine Community Foundation, and The Atlantic Philanthropies.

ENCorps Blog & Multimedia Showcase

BRC members will be able to showcase the fruits of their reporting on a special blog site set up by ENCorps.



Media Convening

The Maine Community Foundation and BRC will host a media convening in spring 2013 to bring together ENCorps members, professional journalists and new media experts from around the state to discuss the role of citizen journalists and their relationship to professional media.

Innovation Stipends

Special stipends will be available for the purchase of software and other tools that support BRC activities. Awards will be based on need, appropriateness and availability of funding.

INFORMATION SESSION ON BOOMER REPORTING CORPS

Join us for an informative conference call meeting on August 14 from 10-11 am, or September 14 from 12-1 pm, to find out more about Boomer Reporting Corps and how you can be involved.

RSVP at:

<https://www.surveymonkey.com/s/V5VJNX5>

Welcome New Members!

- Bonnie Cooper
- Carolyn Hardman
- Julie Kalloch
- Susan LoGuidice



Resources & Links

Be Your Own Watchdog

<http://byowd.pinetreewatchdog.org>

This website has several useful links to tools that can help the average Mainer be a more informed and engaged citizen.

New England Grassroots Environment Fund

<http://grassrootsfund.org/grants>

NEGEF offers grants for groups that are doing community-based environmental work; are volunteer-driven or have up to 2 full-time paid staff (or equivalents), and; have an annual budget up to \$100,000.

Doodle

<http://www.doodle.com>

Doodle is a free tool that eliminates the chaos of scheduling and saves you a lot of time and energy when you're trying to find a time to bring a number of people together.

The Resource Center

<http://www.nationalserviceresources.org>

The Resource Center's Online Learning Center provides free courses on a wide variety of topics designed specifically to help strengthen national service programs.

Safe Medicine Disposal for ME Program

www.safemeddisposal.com/

Providing Maine residents with a safe option for disposal of unused and expired medicine

Maine Senior Games

www.smaaa.org/maine_senior_games.php

Thanks to Maine Senior Games, adults over the age of 50 can continue to participate and compete in annual athletic and recreational events. Maine Senior Games is a great opportunity for older adults to have fun and stay fit, competing in everything from track and field and horseshoes to pickleball. Games through September 23rd.

“Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young.”

--Henry Ford



Volunteer Hours

Since Joining ENCorps

20 + Hours

Nancy Adams
Mary Andrews
Jane Fairchild
Oscar Feagin
Lorain Francis
Roberta Goodell
Jim Goodson
Harold Goodwin
Cheri Hudson
Marie Khoury
Susan LoGuidice
Jim McGrath
Deborah McLean
Sherry Miller Welch
Anne Mundy
Jim Nichols
Ingrid Perry
Gail Peters
Faith Rawding
Roger St. Pierre
Dawud Ummah

50+ Hours

Lynn DeGrenier
Elaine DuBois
Stephanie Emmons
Kate Harris

Dorothy Havey
Judy Merck
Priscilla Payne
Sharon Phelan
Carol Ransom
Peter Reilly
Greg Rossel
Norma Simpson
Joyce St. Pierre
Mary Turner
Angela Werner

100+ Hours

Candace Austin
Steve Demaio
Cindy Dunham
Leslie Gilliland
William Gilliland
Jane Hall
Nancy Hoffman
Sandra Hopkins
David Howe
Eileen Liddy
Ardis Mayo-McNeil
Mary Neal
Jim Pierce
Nancy Prince
Marianne Reynolds
Toby Simon

200+ Hours

Alice Bolstridge
Linda Bradford
William Brown, Sr.
Chris Corbett
Richard DuBois
Jim Dunham
Thomas Gruber, Jr.
Beverly Johnson
Sue Kircheis
Sue Mackey Andrews
William McPeck
Frank Mundo
Heidi Munro
Sandy Olson
Amy Palmer
Nancy Rosalie
Norma Rossel
Joan Shapleigh
David Stansfield
Lorraine Taft
Donna Waterman
Warren Wind

500+ Hours

Mary Berger
Hugo Diaz
Julia Emily Hathaway
Eileen Kreutz

Frank Ober
Leelaine Picker
Patricia Wurpel

800+ Hours

Kerry Corthell
Michael Costello
Phyllis vonHerrlich

1000+ Hours

Ed Anderson
Pam Matthews
Dick Matthews
Alice Morgan
Debbie Mullen
Don Nodine

**Total Hours
Reported:
26,201.85**

Why Report Hours?

The purpose of ENCorps is to support your efforts to improve your community with training and networking opportunities. All of our programming – the Summit and training events – are free for ENCorps Volunteers.

Since we are privately funded through grants, we need to report how you're doing. One tangible way is to keep track of our volunteers' hours each month. It's also a great way for us to acknowledge your good work!

Please help us by reporting your hours by the 15th of the following month (for September hours, please report by August 15). To do so go to: www.ensembleaders.org

- Click Submit Your Hours
- Fill out the form and hit SEND

**Thank you for
your help**

ENCorps Staff

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ENCorps is a program of the University of Maine Center on Aging in partnership with the Maine Community Foundation and with the cooperation of local, state, and national organizations. Initial project funding is provided by the U.S. Environmental Protection Agency's Aging Initiative and the Atlantic Philanthropies.

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community**experience**
PARTNERSHIP

