



ENCORPS eNews

Up to the minute developments at ENCorps • Oct/Nov 2012

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ENCORPS Well Represented at Common Ground Fair

The Encore Leadership Corps participated in the Common Ground Country Fair this year for the first time with an exhibit in the Social and Political Action tent.

Sponsored by MOFGA, the Maine Organic Farmers and Gardeners Association, the fair celebrates the rural and agricultural traditions of Maine.

Several ENCorps volunteers rallied to represent ENCorps during the three day event. Many thanks to Michael and Teresa Costello, Norma and John Simpson,

Faith Rawding, Eileen Kreutz, Amy Palmer, Eileen Liddy, and Frank Ober for donating their time and enthusiasm to promote ENCorps membership and programs. Several fairgoers expressed interest in learning more about ENCorps and a few have already joined as a result of these efforts!

We found the Common Ground Country Fair an excellent venue to meet like-minded individuals who are interested in preserving the quality of place we have here in Maine. We look forward to participating again next year and invite you to join us!



ENCORPS members represent the organization at this year's Common Ground Fair, held in September in Unity, Maine.

What is MOFGA?

The Maine Organic Farmers and Gardeners Association (MOFGA), formed in 1971, is the oldest and largest state organic organization in the country.

The purpose of the Association is to help farmers and gardeners: grow organic food, fiber and other crops; protect the environment; recycle natural resources; increase local food production; support rural communities; and illuminate for consumers the connection between healthful food and environmentally sound farming practices. Like them on **Facebook** or visit their website at www.mofga.org.



ENCorps Events

If you don't live near a workshop location, please contact Patti Foden and we'll arrange a video-conference site near you.

DEALING WITH CHALLENGING PEOPLE

WHEN: October 17, 11:00 – 1:00

WHERE: The Katz Library, Room 5, UMA Campus
46 University Drive, Augusta

A representative from Dale Carnegie will lead this informative workshop and provide strategies for communicating and working with the challenging people in your organization. Lunch will be provided.

COMMUNITY INSIGHT PROJECT TEAMS

Training Older Volunteers Workshop

WHEN: October 19, from 11:00 AM - 4:00 PM

WHERE: Portland Country Club, 11 Foreside Road (Rte 88), Falmouth

Senior volunteers happily working together on teams and successfully completing short-term projects that make a difference in your community...

If you are thinking, "That's what I want", then this training is for you. Trainers will provide the tools and information to create a volunteer team structure in your organization and help you to take advantage of the energy of the baby boomer generation! Cost is free and lunch is provided.

Register by October 15 at:

www.surveymonkey.com/s/insightprojectteams

BOOMER REPORTING*: BECOMING A FIRST-RATE PHOTOGRAPHIC REPORTER & STORYTELLER

WHEN: Saturday, October 27 (Snow Date: November 17), 9am to 2pm

WHERE: Sportsman's Alliance of Maine, 205

Church Hill Road, Augusta

See details on page 6.

➔ RSVP to Patti Foden, Program Coordinator, at 207-767-5352 or info@encoreleaders.org.

All ENCorps meetings and workshops are free for ENCorps members and their guests.

**To register for Boomer Reporting Corps workshops:*

<https://www.surveymonkey.com/s/D2BNBFB>

PORTLAND REGIONAL MEETING

WHEN: October 30, 11:00 AM - 1:00 PM

Maine Community Foundation Conference Room, 1 Monument Way, Suite 200, Portland

A light lunch will be served.

AUGUSTA REGIONAL MEETING

WHEN: October 31, 2012, 11:00 AM - 1:00 PM

WHERE: Maine Development Foundation Conference Room, 295 Water St, Augusta

A light lunch will be served.

BANGOR REGIONAL MEETING

WHEN: November 1, 2012, 11:00 AM - 1:00 PM

WHERE: UMaine Center on Aging Conference, Room #321, 25 Texas Ave, Camden Hall, Bangor

A light lunch will be served.

FROM CAMERA TO COMPUTER & BEYOND

WHEN: November 7, 10:00 – 1:00

WHERE: University College at Rockland, 91 Camden St., Suite 402, Room 410, Rockland

During this workshop, Marty Welt will cover concepts of downloading a program, importing pictures to files/folder/albums, exporting pictures, sending emails, building web pages of pictures and sending pictures out for printing. Bring a laptop if you have one. Lunch will be provided.

** This workshop is available at alternate locations through video-conference. If you are interested in participating from an alternate site, please contact Patti Foden by Oct 30th.*

BOOMER REPORTING*: TELLING STORIES USING SOUND & MOVING IMAGES — VIDEOS, SLIDESHOWS & GALLERIES

WHEN: Saturday, December 1 (Snow Date: January 5), 9am to 2pm

WHERE: UMaine Orono, Donald P. Corbett Hall

See details on page 6.

Volunteer

in

Action

Many ENCorps members volunteer to maintain or improve the “quality of place” in Maine. **NANCY PRINCE**, who lives on Wilson Pond in Wilton, Maine, is one of them. Years ago, Nancy and others formed Friends of Wilson Lake or FOWL. She had served on the Board of Directors for many years when water testing showed a problem with high chloroform bacteria in the headwaters marshlands. This problem resulted from spreading manure too close to streams that ran into the lake.

The land in question belonged to a farmer who was not willing to change his farming practices. FOWL became aware of the Maine Land Trust Network and Nancy and a few other Wilton residents went to the next Maine Land Trust Conference. Each person went to learn something different about starting a 501 c (3) land trust. Nancy went to the break-out session about fundraising, since they couldn’t imagine where they would get the money to buy 238 acres of forest/farmland/marshland.

This small group recruited a few others to join them from the Town of Wilton and Friends of Wilson Lake to collaborate on a strategy to purchase the land in question. In 1997, the group started working toward becoming a 501 c (3) as the Foothills Land Conservancy (FLC). A grant-writing committee was formed to support the fund-raising effort. Nancy and others went everywhere asking for support: the Elks, Lions, Oddfellows, and several womens’ groups.

Grants were a big source of funding. The Inland Fisheries and Wildlife granted the FLC \$30,000 toward the purchase of the land with the condition that it establish a conservation easement. This allowed for traditional uses of the land, such as hunting, trapping, snowmobiling, and skiing.



Farming is allowed as well, using best management practices to protect the lake and streams.

In 1999, the Foothills Land Conservancy purchased the 238 acres for \$150,000. FLC has a Board of Directors, on which Nancy has served in many capacities: Secretary, President, Past President, and currently, Vice President. The stream and lake water quality is now in great condition and the group is turning its efforts to the invasive plant species popping up on the property.

There is also a new Conservation Commission in Wilton. Nancy is one of six members of a very diverse group that will continue the work of open space planning and conserving land for future generations.

Nancy says her conservation work is very rewarding and she knows she’s making a difference for the next generation. “Happiness in retirement is to find where you can be of service to others,” she said. The Wilson Lake and Wilton Community have benefited in large measure by her service and commitment to “quality of place” in Maine.

Got News?

Share your news, stories and updates with ENCorps eNews!

Email carol@encoreleaders.org

Bringing a Love of Wildlife to the Classroom

ENCORPS member Nancy Prince is the author of *Libby's Loons* (Back Channel Press; 1st edition (2010)), a story of a young girl who watches the extraordinary pair of birds and their brand new baby from her kayak and grows fascinated with the young chick learning to be a loon. As the loon family's daily life develops through the seasons, Libby becomes determined to protect them. Through Libby's eyes, young readers learn about these remarkable waterfowl and discover the inspiration to advocate for animals they love.

Says Nancy: "The most memorable hours of my childhood summers

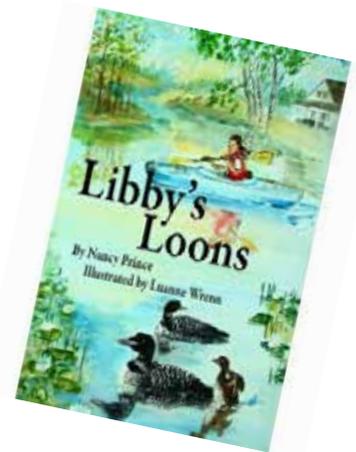


ENCORPS member Nancy Prince works with students using her book, *Libby's Loons*.

on a Maine lake were spent reading books in a hammock by the lakeshore, and listening from my bed on a screened porch to the magical calls of loons on the lake. My interest in writing grew from love of the written word. My regard for all things wild evolved from love of loons. "

Nancy brings her book into classrooms throughout Maine, integrating science, literature and art in the lesson while exciting in children the desire to advocate for wildlife and nature.

Contact Nancy today at nprince2@myfairpoint.net to discuss having her bring *Libby's Loons* to life in her interactive session at your school!



A section of the Foothills Land Conservancy in Wilton.

The MAINE LAND TRUST NETWORK (MLTN) is a program of the Maine Coast Heritage Trust.

To learn more, visit www.mltm.org or contact Warren Whitney, Land Trust Program Manager, at wwhitney@mcht.org or 207-729-7366.



Volunteer Opportunities

BE A TAX HERO!!!

- Contact Joan Jagolinzer at 207-883-8415 or jagolinzer@gwi.net and visit www.aarp.org/taxaide for more info

Are you looking for a meaningful volunteer activity that only involves a time commitment during the winter months? Do you like meeting and helping folks in your town and the surrounding area? Do you use a computer? If so, the AARP Foundation Tax-Aide program may be just the volunteer opportunity you have been looking for. State wide there are volunteer opportunities as tax preparers, appointment schedulers, greeters at tax sites and leadership positions in technology and communication. Volunteers for tax preparation do not need to be "tax experts". For those interested in being tax preparers, training is given in January. All volunteers receive training in administrative procedures.

Maine Indoor Air Quality Council

- Contact the Maine Indoor Air Quality Council at miaqc@gwi.net or 207-626-8115.

Most people are not aware about the hazards to their health when there are moth balls, paints, softeners for laundry, etc. all together in their air

tight homes. Doctors do not even have poor air quality 'on their radar' when they are treating clients with health issues. This non-profit would like volunteers to spread the word about the hazards of having poor air quality in one's home and business.

WindowDressers

- Contact Frank Mundo: 207-356-2833 or frank.mundo@gmail.com

Help yourself, your neighbor and the environment all at the same time! If you want to become active in helping to do something about global warming consider volunteering to build polyolefin interior storm windows for WindowDressers. With two shops in Rockport they are planning Community Builds on Islesboro, Peaks Island and in Belfast, Maine. No construction/carpentry skills needed.

Community Spay Neuter Clinic

- Contact: Linda Tyler, 207-233-6109 or www.communityspayneuterclinic.com

Community Spay Neuter Clinic in Freeport needs volunteers who love cats and dogs and who also want to protect Maine's songbird population! The clinic, which is supported by Center for Wildlife Health Research and funded in large part by ASPCA, PetSmart Charities, Maine Community Foundation, and other grants and private donations, has been open for a year and a half. During that time, CSCN has spayed or neutered more than 6,500 dogs and cats. CSNC is open M, T, and W; volunteer hours are flexible between 10 AM and 5 PM. The work is often messy, always fast-paced, and incredibly rewarding within a community of compassionate and like-minded friends.

Meet Ed

He makes a difference by volunteering with the Center for African Heritage and gets these benefits through ENCorps:

- Free attendance to trainings
- Stipend awards
- Referral program
- Networking opportunities
- Two-day annual Summit
- Education from local and national experts
- Staff support

Call 207-262-7928 • www.encoreleaders.org



Boomer Reporting Corps Fall & Winter Workshops



The Boomer Reporting Corps initiative provides specialized mentoring and general skill-building workshops designed to encourage older adults throughout Maine to become citizen journalists. The initiative helps older adults who are already bringing about positive change in their communities share local news through new media vehicles, helping to increase access to community news across Maine. Boomer Reporting Corps workshops are free and open to ENCorps members. Lunch and refreshments are provided.

Becoming a First-Rate Photographic Reporter & Storyteller

WHEN: Saturday, October 27 (Snow Date: November 17), 9am to 2pm

WHERE: Sportsman's Alliance of Maine, 205 Church Hill Road, Augusta

Learn to approach stories in ways that maximize their visual potential and prepare yourself to make the best use of your photographic tools.

Topics include:

- Candid and posed portraiture
- Landscape and small object photography
- Photographing events
- Choosing and using a suitable camera
- Photo accessories that will be the most valuable
- Creative uses of flash
- Enhancing images for legibility and impact in print and on screen
- Writing effective captions
- Planning and completing the picture story and essay

Telling Stories Using Sound & Moving Images — Videos, Slideshows & Galleries

WHEN: Saturday, December 1 (Snow Date: January 5), 9am to 2pm

WHERE: UMaine Orono, Donald P. Corbett Hall

Learn to choose and use the most affordable and versatile photographic, recording, editing and publishing tools available to today's professional and citizen journalists. Learn to think and act like a pro and to employ cameras and recorders in ways that can become intuitive and productive.

Topics include:

- Choosing your tools: Camcorders and DSLRs (Digital Single Lens Reflex)
- Choosing your tools: Tripods, lights, reflectors, diffusers
- Shooting the video interview
- Learning the video language: Long shots, two-shots, close-ups, cutaways, pans, zooms, traveling shots, B-Roll, etc.
- File formats
- Gathering sound for video
- Video editing on the computer
- Slide shows and galleries
- Exporting your movie to web, DVD and tablet

Register Now! Register at: <https://www.surveymonkey.com/s/D2BNBFB> or contact Mia Noyes at: mia.noyes@umit.maine.edu or 207-262-7931.

Funding for the Boomer Reporting Corps is provided by The John S. and James L. Knight Foundation, Maine Community Foundation, and The Atlantic Philanthropies.

Welcome New Members!

- Julia Kunz
- Steve Hoad
- Joan Jagolinzer
- Nina Rochette
- James Doyle
- Pat Durkin
- Bonnie Gerrard
- Frank Booker



Resources & Links

Maine Senior Guide

www.maineseniorguide.com

Maine Senior Guide includes information on everything from volunteer opportunities to assisted living to community events and senior products and services.

Wiser Living

wiserlivinginme.com/free-copy

Wiser Living in Maine is a statewide magazine for “Wiser Mainers” over 50. Cover the \$2.50 shipping cost and get a free copy.

Engaging Volunteers Blog

blogs.volunteermatch.org/engagingvolunteers

Engaging Volunteers is a blog for organizations that recruit and partner with volunteers to reach their missions.

Land Trust Alliance

www.landtrustalliance.org

The Land Trust Alliance promotes voluntary private land conservation to benefit communities and natural systems. They are the national convener, strategist and representative of more than 1,700 land trusts across America.

Maine Association of Conservation Commission

meacc.net/index.html

MEACC builds the capacity of Maine communities to protect and preserve their natural resources and quality places.

The Mighty Women of Washington County

www.mightywomen.org

The Mighty Women of Washington County is a group of mighty, caring women who collaborate and coordinate with businesses in Washington County, Maine.

Sunrise Trail

www.sunrisetrail.org

The Down East Sunrise Trail (DEST) is being constructed as an interagency project of the Maine Department of Transportation and the Maine Department of Conservation for the use of snowmobiles, ATVs, pedestrians, bicyclists, cross-country skiers, and equestrians.

“A pessimist, they say, sees a glass of water as being half empty; an optimist sees the same glass as half full. But a giving person sees a glass of water and starts looking for someone who might be thirsty.”

- G. Thomas Gale



Volunteer Hours

Since Joining ENCorps

20 + Hours

Nancy Adams
Mary E. Andrews
Jane Fairchild
Oscar Feagin
Lorain Francis
Roberta Goodell
Jim Goodson
Harold F. Goodwin
Fran Havey
Cheri Hudson
Susan LoGuidice
Jim McGrath
Deborah McLean
Sherry Miller Welch
Jim Nichols
Ingrid Perry
Gail Peters
Faith Rawding
Stephen Richards
Roger St. Pierre
Dawud Ummah

50+ Hours

Lynn DeGrenier
Elaine DuBois
Stephanie Emens
Kate Harris

Marie Khoury
Judy Merck
Anne Mundy
Priscilla Payne
Sharon Phelan
Carol Ransom
Peter Reilly
Joyce St. Pierre
Angela Werner

100+ Hours

Candace Austin
Steve Demaio
Leslie Gilliland
William Gilliland
Jane Hall
Nancy Hoffman
Sandra Hopkins
David Howe
Yvonne Lambert
Eileen Liddy
Ardis Mayo-McNeil
Mary Neal
Jim Pierce
Nancy Prince
Marianne Reynolds
Greg Rossel
Toby Simon
Norma Simpson
Mary Turner

200+ Hours

Alice Bolstridge
Linda Bradford
Bill Brown, Sr
Dick DuBois
Cindy Dunham
Jim Dunham
Thomas Gruber, Jr.
Beverly Johnson
Sue Kircheis
Sue Mackey Andrews
William McPeck
Frank Mundo
Heidi Munro
Sandy Olson
Amy Palmer
Nancy Rosalie
Norma Rossel
Joan Shapleigh
David Stansfield
Lorraine Taft
Donna Waterman
Warren Wind

500+ Hours

Mary Berger
Chris Corbett
Hugo Diaz
Julia Emily Hathaway
Eileen Kreutz
Tricia Worpel

800+ Hours

Dick Matthews
Frank Ober
Leelaine Picker

1000+ Hours

Ed Anderson
Michael Costello
Pamela Matthews
Alice Morgan
Debbie Mullen
Don Nodine
Phyllis vonHerrlich

Total Hours
Reported:

28,232

Why Report Hours?

The purpose of ENCorps is to support your efforts to improve your community with training and networking opportunities. All of our programming – the Summit and training events – are free for ENCorps Volunteers.

Since we are privately funded through grants, we need to report how you're doing. One tangible way is to keep track of our volunteers' hours each month. It's also a great way for us to acknowledge your good work!

Please help us by reporting your hours by the 15th of the following month (for December hours, please report by November 15). To do so go to:

www.encoreleaders.org

- Click Submit Your Hours
- Fill out the form and hit SEND

**Thank you for
your help**

ENCorps Staff

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ENCorps is a program of the University of Maine Center on Aging in partnership with the Maine Community Foundation and with the cooperation of local, state, and national organizations. Initial project funding is provided by the U.S. Environmental Protection Agency's Aging Initiative and the Atlantic Philanthropies.

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Call 207-262-7928

E-mail staff at info@encoreleaders.org

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community**experience**
PARTNERSHIP

