

Good Shepherd Food-Bank

Feeding Maine's Hungry

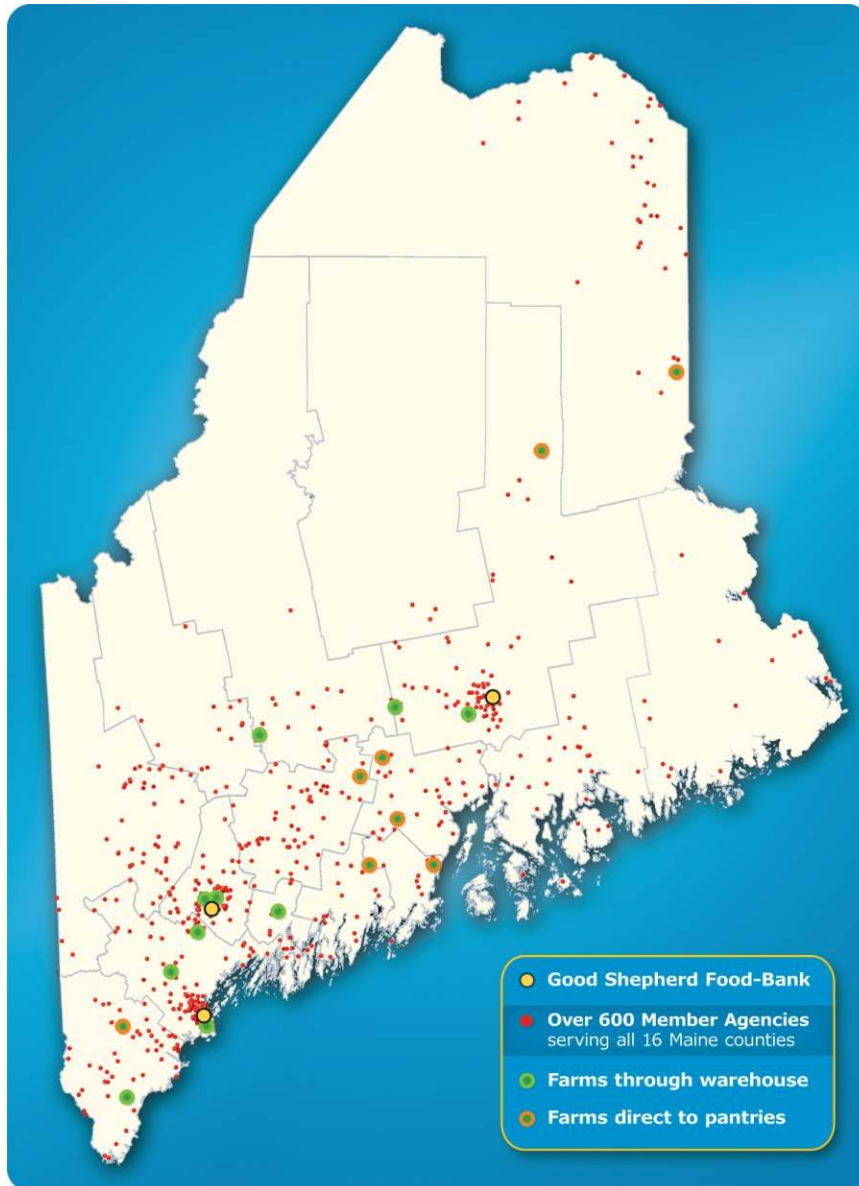
Good Shepherd Food-Bank: Who we are

- The largest hunger relief organization in Maine, GSFB provides for those at risk of hunger by soliciting food donations & purchasing food at whole sale prices, then distributing food to more than 600 partner agencies across the state.
- **15.4 million pounds** of food distributed annually.
- **600 local agencies** in our network, including food pantries, meal sites, and youth programs.
- **3 distribution centers** in Auburn, Brewer, and Biddeford.
- **\$1 donated = 4 meals** for a Maine family in need.
- **1,600 volunteers** annually help the Food Bank fulfill our mission.



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Our network: over 600 partner agencies



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Question 1

The number of people living with food insecurity in Maine increased by how much between 2005 and 2010?

- a. 15%
- b. 25%
- c. 30%
- d. 50%



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Hunger in Maine

- 200,000 Mainers are considered *food insecure*
- More than 60,000 Maine children – or 1 in 4 kids – live at risk of hunger
- Hunger is on the rise in Maine
 - Unemployment remains high
 - Wages are stagnant
 - Food prices have increased drastically
 - Fuel prices are high



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Question 2

What is the most a single parent with two children can earn in order to qualify for SNAP (food stamps)?

a. \$18,500

b. \$22,800 

c. \$28,300


d. \$32,500



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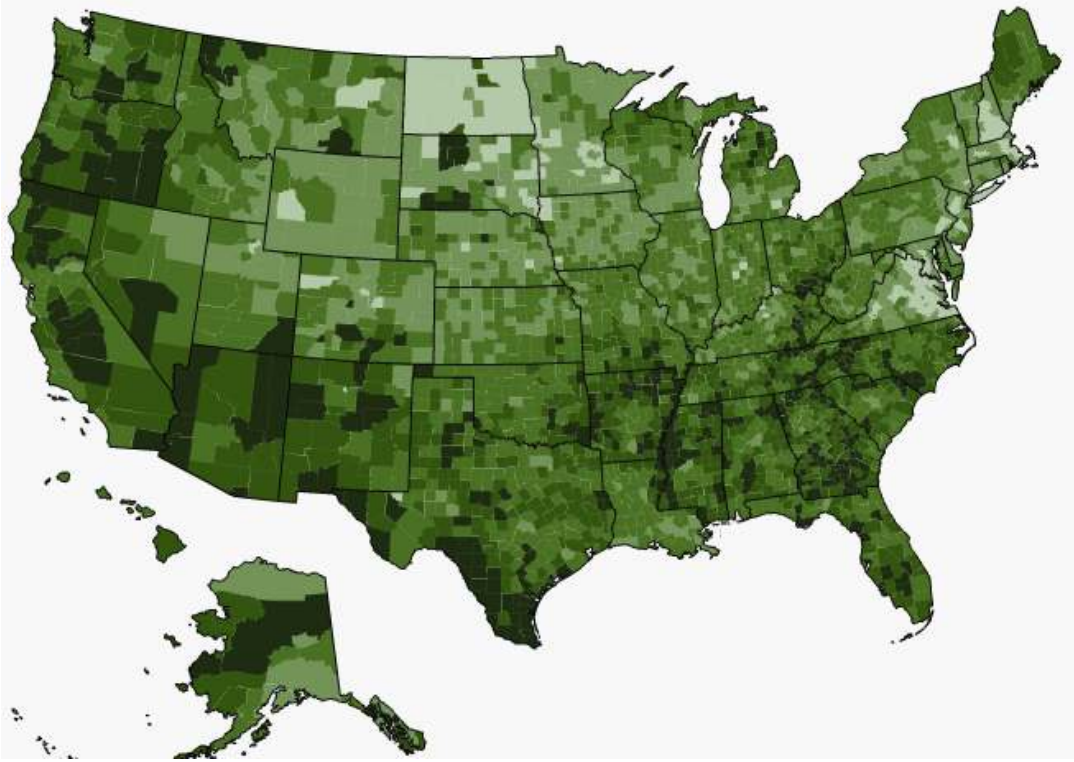
Question 3

What is the average SNAP (food stamp) benefit per meal for households with children in Maine?

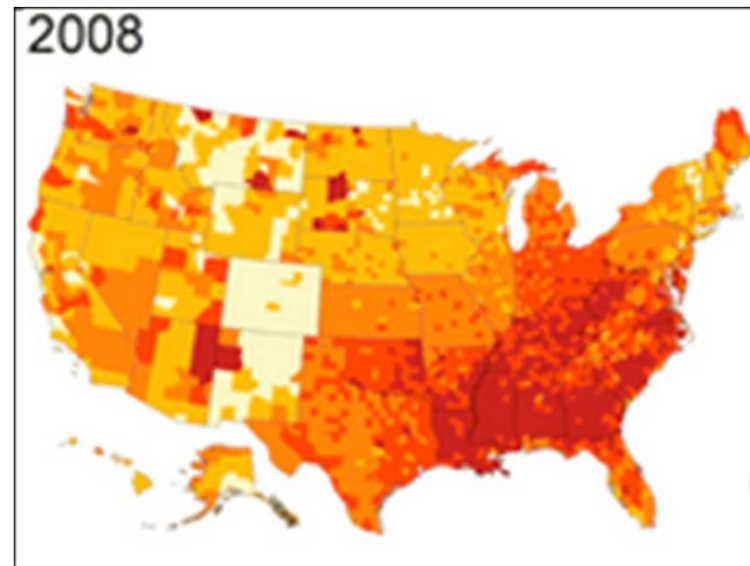
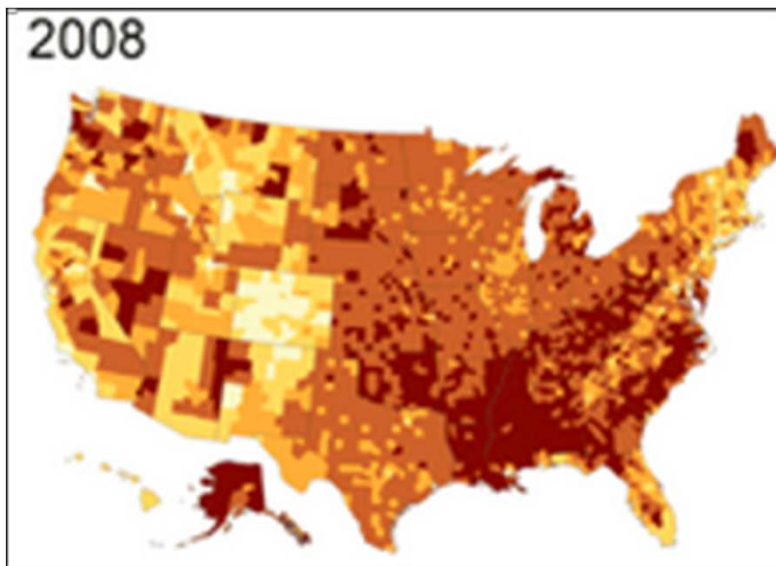
- a. \$1.38 
- b. \$2.03
- c. \$3.27
- d. \$4.45



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**Hunger and
Obesity: 2
sides of the
same coin.**



Question 4

After adjusting for other factors, children from food insecure households were how much more likely to have their health described as “fair/poor” rather than “excellent/good”?

a. 15%

b. 25%

c. 50%

d. 90%



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Question 5

What % of food provided by the Food Bank is fresh fruits, vegetables, dairy, meat, and fish?

a. 12%

b. 26%

c. 48%



d. 63%



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Question 6

How many pounds are the major food retailers currently throwing away each year in Maine?

- a. 1 million
- b. 2 million
- c. 4 million
- d. 5 million  = 4.2 million meals



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Question 7

How much federal money does Maine leave “on the table” in child nutrition programs (school breakfast, lunch, and summer lunch programs) each year?

- a. \$1.2 million
- b. \$11.3 million
- c. \$33.5 million  = 16 million meals
- d. \$52.3 million



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Question 8

How many additional meals are needed to end hunger in Maine?

- a. 12 million
- b. 36 million
- c. 62 million
- d. 127 million



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The economic cost of hunger

- **\$130.5 billion:** Illness costs linked to hunger and food insecurity.
- **\$19.2 billion:** Value of poor educational outcomes and lower life-time earnings linked to hunger and food insecurity.
- **\$17.8 billion:** Value of charitable contributions to address hunger and food insecurity.

\$167.5 billion = total cost of hunger to US economy



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According to Feeding America's Map the Meal Gap, the **additional annual cost required** to meet the food needs of those living with food insecurity in Maine is **\$21.8 billion per year.**

It costs us more to ignore hunger than it does to eliminate it.

One more question...

*What role will you play to
end hunger in Maine?*

MEMBER OF
FEEDING[®]
AMERICA
together we can solve hunger.™



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What Role Can You Play?

together **we can solve hunger.**

- 1. Donate:** Food or dollars to either the Food Bank or your local pantry.
- 2. Volunteer:** At the Food Bank or with your local pantry.
- 3. Tell a friend.** Everyone has a role to play.

